



National Nutrient Database for Standard Reference
Release 28 slightly revised May, 2016

Statistics Report 01214, Milk, canned, evaporated, without added vitamin A and vitamin D

Report Date: July 11, 2017 14:49 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	74.04	15	0.085	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Energy	kcal	135	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
Energy	kJ	567	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
Protein	g	6.81	55	0.033	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Total lipid (fat)	g	7.56	15	0.005	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Ash	g	1.55	5	0.023	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Carbohydrate, by difference	g	10.04	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
Fiber, total dietary	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
Sugars, total	g	10.04	--	--	--	--	--	--	--	--	Calculated or imputed	01096	02/2009
Minerals													
Calcium, Ca	mg	261	39	8.978	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Iron, Fe	mg	0.19	59	0.011	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Magnesium, Mg	mg	24	6	0.716	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Phosphorus, P	mg	203	37	8.254	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Potassium, K	mg	303	10	8.691	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Sodium, Na	mg	106	10	3.361	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Zinc, Zn	mg	0.77	26	0.027	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Copper, Cu	mg	0.016	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Manganese, Mn	mg	0.006	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Selenium, Se	µg	2.3	13	0.280	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Fluoride, F ^{1,2}	µg	8.5	19	1.113	4.3	12.2	5.0	5.613	11.337	2	Analytical or derived from analytical	--	02/2009

Vitamins

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin C, total ascorbic acid	mg	1.9	32	0.217	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Thiamin	mg	0.047	42	0.002	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Riboflavin	mg	0.316	41	0.006	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Niacin	mg	0.194	36	0.010	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Pantothenic acid	mg	0.638	5	0.032	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Vitamin B-6	mg	0.050	21	0.002	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Folate, total	µg	8	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Folate, food	µg	8	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Folate, DFE	µg	8	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2009
Choline, total	mg	31.3	--	--	--	--	--	--	--	--	Calculated or imputed	01077	02/2009

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin B-12	µg	0.16	9	0.015	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Vitamin A, RAE	µg	65	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
Retinol	µg	64	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
Carotene, beta	µg	15	--	--	--	--	--	--	--	--	Calculated or imputed	01077	02/2009
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Vitamin A, IU	IU	239	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
Lycopene	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Lutein + zeaxanthin	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Vitamin E (alpha-tocopherol)	mg	0.16	--	--	--	--	--	--	--	--	Calculated or imputed	01077	02/2009
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Vitamin D (D2 + D3)	µg	0.1	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Vitamin D3 (cholecalciferol)	µg	0.1	--	--	--	--	--	--	--	--	Calculated or imputed	01211	02/2009
Vitamin D	IU	6	--	--	--	--	--	--	--	--	Calculated or imputed	01211	02/2009
Vitamin K (phylloquinone)	µg	0.6	--	--	--	--	--	--	--	--	Calculated or imputed	01077	02/2009

Lipids

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Fatty acids, total saturated	g	4.591	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
4:0	g	0.195	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
6:0	g	0.134	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
8:0	g	0.054	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
10:0	g	0.110	11	0.017	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
12:0	g	0.161	12	0.015	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
14:0	g	0.733	12	0.035	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
16:0	g	2.027	12	0.060	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
18:0	g	0.921	12	0.027	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Fatty acids, total monounsaturated	g	2.335	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
16:1 undifferentiated	g	0.159	12	0.012	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
18:1 undifferentiated	g	2.101	12	0.049	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
20:1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Fatty acids, total polyunsaturated	g	0.245	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
18:2 undifferentiated	g	0.167	12	0.017	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
18:3 undifferentiated	g	0.078	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
18:4	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Cholesterol	mg	29	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Amino Acids													
Tryptophan	g	0.096	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Threonine	g	0.307	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Isoleucine	g	0.412	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Leucine	g	0.667	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Lysine	g	0.540	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Methionine	g	0.171	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Cystine	g	0.063	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Phenylalanine	g	0.329	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Tyrosine	g	0.329	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Valine	g	0.456	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Arginine	g	0.247	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Histidine	g	0.185	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Alanine	g	0.235	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Aspartic acid	g	0.517	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Glutamic acid	g	1.426	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Glycine	g	0.144	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Proline	g	0.660	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Serine	g	0.370	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Theobromine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009

Sources of Data

¹J.D.B. Featherstone, Carol Shields A Study of Fluoride Intake in New York State Residents, 1988 New York State Fluoride Analysis Contract - report date 12/1/1988

²Robert Ophaug Fluoride, Unpublished - Ophaug, Microdiffusion